



SECOND LISTEN
ALBUMS THAT
GOT LOST IN
THE SHUFFLE



OTTAWA

Sunday, December 26, 2010

www.metronews.ca

News worth sharing





Entertainment

### Gossip expert on 2010's buzz

What are William and Kate's royal wedding plans?The scandal behind Sandra

### Bullock's marriage {page 18}

## The year Earth struck back

Earthquakes, heat waves, floods, volcanoes, typhoons, blizzards, landslides and droughts killed 250,000 {page 8}



#### A look at New Year's traditions

Travel across the globe to see how New Year's is done {page 20}

## 'Toons that coaxed a smile

Michael de Adder picks his favourites from 2010 {page 10}



# **MintoSuiteHotel**

Ottawa's Only Four Diamond All-Suite Hotel

Bigger Spaces
Fully Equipped Kitchens
Indoor Pool & Fitness

1-800-267-3377 MintoSuiteHotel.com

### AIR CANADA 🏶 VACATIONS

# Deals of the Week



Use your mobi

#### **CUBA**

#### Varadero

Sirenis La Salina Varadero Beach Resort • 4 ★

All-Inclusive • Standard rm. Jan. 8 - 22 • 1 wk.

\$ 769

+Taxes & other fees: \$149 Departure tax: 25 CUC cash, paid locally

#### Santa Clara Royal Hideaway

Ensenachos • 5 ★
All-Inclusive

All-Inclusive Royal spa premium rm. Jan. 9 - 23 • 1 wk.

+Taxes & other fees: \$149 Departure tax: 25 CUC cash, paid locally

#### **GRENADA** via Toronto

Grenadian by rex resorts • 3 1/2 ★

Hillside rm. Jan. 15, 22 & 29 • 1 wk.

\$1139

#### **BAHAMAS**

Nassau via Toronto

Sheraton Nassau Beach Resort • 4 ★

Resort view rm.

Jan. 21 • 4 nts.

\$300 INSTANT SAVINGS

\$789

#### **JAMAICA**

Sunset Jamaica Grande Resort & Spa • 4 ★

All-Inclusive Traditional standard rm. Jan. 8, 15 & 29 • 1 wk.



Gran Bahia Principe Jamaica • 4 1/2 ★

All-Inclusive • Junior suite Jan. 8, 15 & 29 • 1 wk.



#### DOMINICAN REPUBLIC

#### Punta Cana

Occidental Grand Punta Cana • 4 ★

All-Inclusive • Junior suite Feb. 5 & 12 • 1 wk.

\$1079

#### **MEXICO**

#### Puerto Vallarta/Riviera Nayarit

via Toronto

Dreams Villamagna Nuevo Vallarta • 4 1/2 ★

All-Inclusive • Promo rm. Feb. 1 - 4, 21, 25 & 28 • 1 wk.



#### Cancun/Riviera Maya Grand Sirenis Riviera Maya Resort & Spa • 5 ★

All-Inclusive • Junior suite Feb. 12 • 1 wk. \$1649

#### **USA**

Las Vegas via Montreal Excalibur Hotel & Casino • 3 1/2 ★

Hotel rm. Feb. 1 • 3 nts.

\$449

#### Orlando

Clarion Resort & Waterpark • 3 ★

Double guest rm. Jan. 15 • 1 wk. \$**549** 

#### **CRUISE**

#### Celebrity Cruises<sup>1</sup> Celebrity Summit<sup>SM</sup>

Southern Caribbean cruise Flight to San Juan via Toronto Interior stateroom, cat. 11 Mar. 26 • 1 wk.

\$1029 Taxes & other fees: \$146



#### **REAL RESORTS**

#### **MEXICO**

Cancun/Riviera Maya Gran Caribe Real Resort & Spa • 4 1/2 \*

All-Inclusive • Junior suite Feb. 12 • 1 wk.



Gran Porto Real Resort & Spa • 4 ★

All-Inclusive • Junior suite Feb. 12 • 1 wk.







Rewarding Life

Earn up to 4,500 Aeroplan® Miles per member†





Fly in style - Upgrade to Executive Class® service or Comfort Plus seating on select flights

aircanadavacations.com
Call 1 866 529-2079 or your travel agent

Il travellers, foreign and Cubans living abroad, must have a medical insurance policy when travelling to Cuba Prices in this ad are in Canadian dollars and are valid at time of printing. Prices are per person based on double occupancy, unless otherwise stated, from Ottawa - Macdonald-Cartier International Airport. Air & Hotel packages to the Caribbean, Cuba, Costa R and Mexico include return flight, the hotel as described and transfers at destination. Air & Cruise vecations include return flight and hotel as described (law bookings, only for dates shown only. Moverefundable, Limited quantity. Subject to Analyse without notice and cannot not be care and cannot not be a contracted on the Costa R and the Costa R



# **Watson crowned** city's newsmaker

New mayor says council has 'moved very quickly with a great deal of co-operation in a short period' • Watson plans to 'continue my pattern of going to as many community events as possible'



Ottawa readers have named him the city's newsmaker of the year, but if things at city hall continue as smoothly and peacefully as they have the first few weeks under the new coundon't expect any splashy headlines in 2011.

"I hope it is peaceful," said Watson in an interview with Metro Ottawa recently in his new office.

"The last four years have been challenging for the council and the public. And certainly, the new members ... many of them were

elected because the public was not satisfied with the way council was conducting its business. Even with the employees, there's a renewed sense of optimism."

As council hits the budget cycle next year, there will be differences of opinion, Watson said, but added his hope is that it continue to run the meetings in an efficient and effective fashion.

"That's what the public expects. They don't want seven- or eight-hour gab-athons, where people are just talking to hear them-selves speak. They want us to move certain agenda items forward in a thoughtful but efficient fashion,

"I want to let people know that as their mayor, I'm not going to be held captive to city hall, but get out into the community as much as possible." MAYOR IIM WATSON

and that's what we pride ourselves on."

While the last council became notorious for its fighting among members, the new one seems more co-operative so far.

"I'm very pleased at the level of co-operation that all of the members of council are showing one another," said Watson. "And I think the lesson learned on Oct. 25 was that the public sent us a very strong message that they want their city government to work well together and that message has been received by me and by all 23 members of council.

"The very fact that we had a great sense of co-operating on some very big issues early on ... I'm very fortunate to have a group of councillors who are talentcity work better.'

#### Responses

We asked Metro Ottawa readers: How will you remember 2010? Who is your Ottawa newsmaker of the vear?

- "Russell Williams was 1 Ottawa newsmaker of the year." -Ahmed Abdullahi
- "Jim Watson. He'll 2 "Jim watson. He is change the way the city is run." -Stacy Hanna
- "Stacy Bonds. After the infamous video was released." -Carlos Abasto







For more year-end news, reminiscences, check out metronews.ca/ ottawa





Individual & Team Registration Deadline: January 5th

Fun! Zumba Volleyball Yoga Dodgeball Turf Soccer Outdoor Adventure Sports Mix All-Sorts-of-Sports Mix Flag
Yoga Basketball Friends! Body Boot Camp
Volleyball Squash Friends! Flag Floor Hockey

OSSC.ca | info@ossc.ca | 613.565.TEAM





# Celebrating seven days of Kwanzaa

Created in 1966, Kwanzaa is Swahili for 'first fruits'▶ It's based on seven principles, including unity



Ottawa's African and Caribbean communities launch a full week of Kwanzaa celebration activities today.

"From food to music to dance to poetry to singing, people come together to celebrate their heritage and their culture," said Kenneth Campbell, organizer of this week's activities.

The festival begins with the lighting of a kinara, which has seven candles, one for each day of the holiday and for each of the seven principles of Kwan-

Campbell said this is the 10th annual Ottawa Kwanzaa celebration.

This year specifically honours domestic pioneers, people who arrived from the Caribbean in the 1950s as domestic servants and laid the foundation of the Caribbean-Canadian community.

While there are crafts, games and other activities specifically for children, Campbell said they are always included in the general celebrations.

"It's a celebration that's open to the entire community. It's very diverse." KENNETH CAMPBELL

"Generally we don't really separate kids from the adults because the whole idea, the gist of Kwanzaa is a celebration of family, unity and culture," he said. "So, it's really about the whole family coming together and having a big celebration."

For a full listing of Kwanzaa activities, go to villageithiopia.ca.



#### We asked: What's your New Year's resolution?



Oni "The Haitian Sensation" Joseph POET

"I want to go to Haiti. I've never been before. I want to check it out for myself and report to Canada where the money we raised went."



Graham Richardson
MEDIA PERSONALITY
"Watch less Jersey Shore."



Jeremy Dias FOUNDER OF JER'S VISION/DAY OF PINK

"We're celebrating six years of same sex marriage being legal in Canada. In the New Year, we want to spread that message of tolerance around and look at ways of changing hearts and minds."



Max Keeping
MEDIA PERSONALITY AND COMMUNITY VOLUNTEER

"I don't make resolutions. I live every day, day by day. But the New Year represents new hope for a lot of people. Its promise, for a lot of people, is of something better. Every day I wake up is a good day to dance.



SATURDAY
JANUARY 22, 2011

10 AM to 4 PM • ADMISSION \$5



Presented by:



CENTRE DES ARTS SHENKMAN ARTS CENTRE











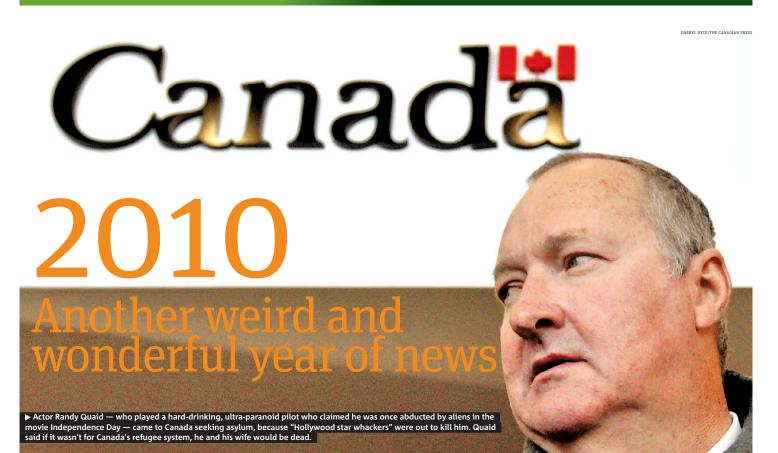
be fit • eat right • think well • go green

Health & Wellness Speakers & Exhibitors, Live Demonstrations, Documentaries & Prizes



Presented by:





A look at top Canadian news events of 2010 from the Canadian Press

- Haiti devastated by strongest earthquake to hit impoverished nation in more than 200 years.
- Zakaria Amara, main organizer of the so-called Toronto 18 plot to bomb high-profile Ontario targets, is sentenced to life in prison.
- Col. Russell Williams is charged with first-degree murder in deaths of two eastern Ontario women and with sexually assaulting two others.
- Georgian luger Nodar Kumaritashvili, 21, is killed during Olympic training run before Winter Olympics.

- Canada finishes Vancouver Winter Games with a record 14 gold medals for a host country.
- a host country,
   Revelations that former junior hockey coach Graham James was pardoned after being convicted of sexually abusing two former players sparks outrage.
- Prime Minister Stephen Harper announces minister for the status of women.
- New RCMP Taser policy calls for use of stun guns only against people who are hurting someone or clearly about to do so.
- Marc Emery, Canada's self-styled Prince of Pot, is extradited to United States to face drug charges.

- Harper government announces new federal legislation that would end pardons for criminals and replace them with harderto-get "record suspensions."
- Brig.-Gen. Daniel Menard, Canada's top soldier in Afghanistan, is relieved of command after allegations of inappropriate relationship with female subordinate while in theatre
- Roving bands of militants use so-called Black Bloc tactics at G20 protest in Toronto, smashing store windows and torching police cars; violence sparks police crackdown that ends with more than 1,000 arrests by next day.
- Controversial harmo-

nized sales tax (HST) is implemented in Ontario and

- University of Waterloo academic David Johnston named as Canada's new governor general.
- MPs in House of Commons vote 153-151 to kill a Conservative private member's bill to scrap the long-gun registry.
- Ontario Superior Court Justice Susan Himel strikes down Canada's prostitution laws, but federal government later wins extended stay while it appeals.
- Prime Minister Stephen Harper confirms Canadian troops to stay in Afghanistan past July 2011 deadline.
- Syncrude Canada is

found guilty under wildlife laws of causing the death of 1,600 ducks in oilsands tailings pond in northern Alberta.

- MV Sun Sea, carrying 490 Tamil migrants, docks at CFB Esquimalt near Victoria.
- Ontario Superior Court judge rules Canadian Blood Services is legally allowed to ban men who have sex with men from donating blood.
- donating blood.

   FOX TV announces singer-actress Jennifer Lopez and Aerosmith frontman Steven Tyler will join Randy Jackson as American Idol judges.
- Canadian-born director James Cameron wraps up visit to Alberta oilsands by saying failure to reduce

environmental impact will transform them into eco-catastrophe.

- Canada loses a bid for one of the non-permanent seats on the powerful UN Security Council.
- Jonathan Duhamel of Boucherville, Que. wins World Series of Poker title and \$8.94 million.
- Five Canadian tourists and two Mexican employees are killed in massive explosion at luxury hotel in Playa del Carmen, Mexico.
- Mass rescue of hundreds of people trapped in their vehicles overnight after a massive snowstorm and high winds shut down highway near Sarnia, Ont.

THE CANADIAN PRESS



**Galaxy Camera** 

galaxycamera.com

525 Bank Street (Bank at Catherine St.) • (613) 234-8831 HOLIDAY HOURS: Mon-Fri 9AM-6PM; Closed Jan 1st; Sun 10AM-5PM CANON CAMERAS, LENSES & ACCESSORIES SALE SAVE UP TO 50% ON SELECTED PRODUCTS SALE ENDS JAN 9TH, 2011

### **NEW YEAR, NEW BEGINNING!** JANUARY CLASSES

Paralegal Part time evening program now available!

#### **Program Objective**

Paralegal has become a regulated profession in Ontario as of May 1, 2007. To legally practice as an independent paralegal in Ontario, a person must be licensed by the Law Society of Upper

To obtain a license, a person must graduate from a program accredited by the Law Society, pass a licensing examination and be of good character. The Paralegal program of Algonquin Careers Academy is accredited by The Law Society of Upper Canada.

The objective of this program is to provide you with "hands-on" training in the key areas of paralegal work and to prepare you to successfully challenge the licensing exam. As a successful graduate you will have the knowledge and skills to enter into any Tribunal, Small Claims Court or Traffic Court, and be able to deal with every eventuality that may arise.

This 44 week diploma program includes an 4 week co-op placement.

#### Legal subject matter covered includes:

- Canadian Legal System
- Legal Research
- Evidence and the Litigation Process
- Torts and Contracts
- Employment Law
- Criminal Summary Conviction Procedure
- Provincial Offences/ Motor Vehicle Law
- Dispute Resolution and Mediation
- Advocacy and Moot Court
- Tribunal Practice and Procedure
- Immigration Law
- Residential Landlord and Tenant Law
- Ethics and Professional Responsibility



#### **Pharmacy Technician**

#### **Program Objective**

The Health Systems Improvement Act, 2007 enables the regulation of Pharmacy Technicians in Ontario. In order to practice as a Pharmacy Technician, a person must be registered with the Ontario College of Pharmacists.

Registration requirements will require a person to graduate from a program that has been accredited by the Canadian Council for Accreditation of Pharmacy Programs (CCAPP).

The Pharmacy Technician program of Algonquin Careers Academy is accredited by CCAPP,

The Pharmacy Technician diploma program is designed to prepare you for a challenging career in a Community/Retail Pharmacy, Hospital Pharmacy, Manufacturing Facility or Long-Term Care Facility.

This 40 week diploma program includes an 8 week co-op placement.

#### Pharmacy subject matter covered includes:

- Pharmacy Fundamentals
- Pharmacy Math
- Anatomy and Physiology
- Pharmacology
- Compounding
- Sterile Techniques
- Pharmacy Software
- Systems and Procedures-Community Pharmacy
- Systems and Procedures-Hospital Pharmacy



#### Personal Support Worker

Part time evening program now available!

"Knowing that you are making a difference" to people who need you is what makes this career choice very rewarding. Graduates of the Personal Support Worker Diploma Program are prepared to pursue a career in the traditional nursing assistant role in health care environments such as nursing homes, retirement residences, hospitals, hospices, and with health care service organizations.

This 24 week program includes 11 weeks of clinical placement.

#### Medical (Dental) Office **Assistant**

Do you like working with people? The Medical Office Assistant program is designed to provide you with the medical, clerical, and communication skills necessary to start a career as a member of the health care team in a medical or dental office.

This course is a 30 week diploma program and includes a 4 week co-on placement.

#### Fitness & Health Promotion



This program is designed to prepare you to plan, market, and deliver safe and effective fitness, wellness and healthy lifestyle programs. You will develop current, practical knowledge and skills in such areas as the development, implementation and evaluation of fitness and wellness programs, health promotion, lifestyle management, fitness assessments, leadership, safety and injury management.

This is a 43 week program including a 4 week co-op placement.

### **CALL TODAY**

Classes Starting Monthly! 613-722-7811

#### Accounting and Payroll Administrator

The objective of this program is to train you in the practices of financial accounting and payroll in Canada. This program focuses on three key elements:

understanding the theoretical principles of accounting and payroll, practice the practical "hands on" skills required to do the job and mastering the communication skills needed to work in an office environment. You will have the necessary skills to enter into the workforce and maintain a complete set of books, both manually and with computerized systems.

This is a 33 week program.

#### Travel Counsellor Online

The Travel and Tourism industry is one of the biggest employers in the world. By completing this program, you will obtain an understanding of the travel industry, agency operations, computer reservation systems, ticketing, destinations, geography, customer service and sales techniques. For reservations and ticketing you will be working with the premier electronic airline reservation system in the world!



1644 Bank St.

613-722-7811

www.algonquinacademy.com

# 2010 — A year blighted by disasters

◆ 260,000 killed in total — most deadly year since 1983

This was the year the Earth struck back.

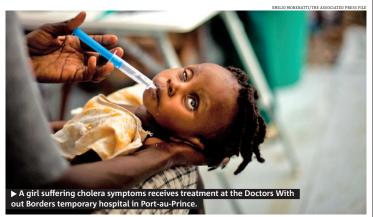
Earthquakes, heat waves, floods, volcanoes, super typhoons, blizzards, landslides and droughts killed at least a quarter million people in 2010; the deadliest year in more than a generation. More people were killed worldwide by natural disasters this year than have been killed by terrorists in the past 40 years combined.

"It just seemed like it was back-to-back, and it came in waves," said Craig Fugate, who heads the U.S. Federal Emergency Management Agency. It handled a record number of disasters in 2010.

And we have ourselves to blame most of the time, scientists and disaster experts say.

Poor construction and development practices conspire to make earthquakes

PG Parent pulmers
FOR CHILDREN, LANGUAGE
MAY OFFEND, SEXUAL CONTENT



more deadly than they need be. More people live in poverty in vulnerable buildings in crowded cities. That means that when the ground shakes, the river breaches, or the tropical cyclone hits, more people

The January earthquake

that killed well more than 220,000 people in Haiti is a perfect example.

In February, an earthquake that was more than 500 times stronger than the one that struck Haiti hit an area of Chile that was less populated, better constructed, and not so poor. Chile's bigger quake caused fewer than 1,000 deaths.

Climate scientists say Earth's climate is changing thanks to man-made global warming, bringing extreme weather, such as heat waves and flooding.

THE ASSOCIATED PRESS



# **Events, celebs to influence travel**

Anniversaries, events, celebrities and the economy will influence travel in 2011, from the royal wedding in London, to the 10th anniversary of the Sept. 11th attacks in New York.

London is sure to be crowded for the April 29 wedding of Prince William and Kate Middleton. "If Charles and Diana got 600,000 people who came into London for that wedding, I could see a million for this one," said travel expert Pauline Frommer, creator of the Pauline Frommer Guides. New York has also turned up on hot lists

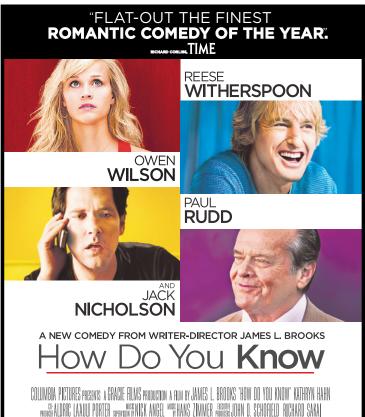
**GLOBE** NOMIN

for 2011, including the No. 1 city in Lonely Planet's Best in Travel 2011 guidebook. "For all of New York, 11 September 2011 will be a defining moment," wrote the publisher's U.S. travel editor Robert Reid.

A Sept. 11 memorial, with reflecting pools set above the footprints of the World Trade Center, is expected to open in time for the anniversary of the attacks.

The 150th anniversary of the start of the Civil War is also being marked this year.

THE ASSOCIATED PRESS



NOURD JAMES L. BROOKS PAULA WEINSTEIN LAURENGE MARK JULIE ANSELL WHIDH AM JAMES L. BROOKS

HowDoYouKnow-Movie.ca

Check Theatre Directory or SonyPicturesReleasing.ca for Locations and Showtimes





oes stories:
ARNPRIOR
6-75 Eigin St. W.
BROCKVILLE
1000 Islands Mail
R.R. 3 Highway 2 W.
CORNWALL
Comwall Square
KANATA
510 Earl Grey Dr.
NEPEAN
510 Earl Grey Dr.
NEPEAN
500 Market Place Ave.
1541 Merivale Rd.
Bayshore Shopping Centre
ORLEANS
Place of O'rleans
SanarCentres Orleans
O'TTAWA
247 Bank St.
2212 Cladevin Crescent
Billings Bridge Plaza
Carlingwood Mail
Rideau Centre
St. Laurent Shopping Centre
(krossk)
71 St. Laurent Shopping Centre
(krossk)
71 Febrabroke St. E.
PERWAWAN
3471-B Febrabroke St. E.
PERWAWAN
3471-B Febrabroke St. E.
PERWAWAN
3471-B Febrabroke St. E.
STITTSVILLE
1250 Main St.
1250 Main St.

Available at the following Bell stores:

You've got a new TV. Now give it stunning picture quality.

NHL 2010. © NHLPA

Get the most out of your new TV with Bell Satellite TV and Canada's best HD PVR!

- Enjoy stunning HD picture quality that's 10x better than regular cable
- Watch On Demand movies in 1080p HD the highest quality of any provider
- Pause, record and rewind live TV
- $\bullet$  Set and manage recordings from your smartphone or computer when you're not at home  $^2$

BOXING WEEK SPECIAL - SAVE \$300

HD | \$199

1866869-3936 • bell.ca/boxing • Visit a Bell store



Also available at these retailers:

OTTAWA
Digital City
1727 A St. Laurent Blvd.

PAKENHAM Scheel Appliances 2546 County Rd 29 RENFREW Noron Communications 250 Raglan St.

AudioTronic 💃





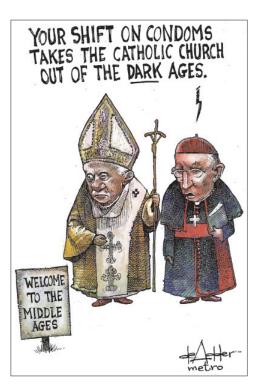




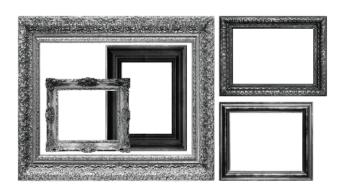
## Michael de Adder's top 'toons of 2010











# Custom Framing Sale 30% off

Custom frame your own paintings, photographs, diplomas, valuables and more!

#### KOYMAN GALLERIES

1771 St. Laurent Boulevard 613 526 1562 (Located between Innes Rd. and Smyth Rd.) Rideau Centre 613 230 1847 Carlingwood Centre 613 725 0664 koymangalleries.com

# schad + schad blü









J.LINDEBERG



527 + 521 Sussex Drive, Ottawa • 613.562.1320 • www.schad.ca

Holiday Hours: Mon - Sat 10am - 9pm; Sun 11am - 5pm OPEN gam-6pm BOXING DAY



Join our Fan Page on Facebook!





scene

Scene in brief



What began as a grand, highly promoted experiment in latenight, ended in a fiasco that made NBC a laughing stock and captivated the country. In January 2010, NBC sought to displace their newly crowned Tonight Show host, Conan O'Brien, by restoring Jay Leno to 11:35 p.m. O'Brien, however, didn't go for the 30 minute shift, and the fallout made for one of the most public debacles in network history. Allegiances were drawn, with many supporting Team Co-Co. In the end, O'Brien left with an enormous settlement, rediscovered himself in a cross-country concert-hall road trip, and finally ended up with a new show at TBS. Leno retook the Tonight Show. The dramatic upheaval of latenight at NBC was chosen as 2010's entertainment story of the year, as voted on by Associated Press members THE ASSOCIATED PRESS



In the year of Move and Kinect, Red Dead Redemption moved and connected.

• You've already seen a ton of Best Albums of 2010 lists, all featuring the usual suspects. So I thought I'd offer my list of albums that seemed to get lost in the shuffle this year. Each deserves a second listen.







#### Exit Calm, Exit Calm

A Yorkshire band reminiscent of early-to-mid period Verve marbled with a little shoe gazer. Too fuzzy and floaty for the mainstream, it nevertheless is one of the better records of its kind in recent memory.



#### Peter Gabriel, Scratch My Back

When this album of covers arranged for orchestra was released in February, a lot of people said, 'this is what we've been waiting EIGHT YEARS for?' and turned away. That was a mistake because Gabriel does some interesting re-imagining with this record, especially with David Bowie's Heroes.



#### **Titus Andronicus,** The Monitor

A band named after a Shakespearean play with a concept album about the U.S. Civil War? At first blush, this sounds ridiculous and self-indulgent. Closer inspection is rewarded with one of the more erudite CDs of 2010.



#### Delphic, Acolyte

An astonishingly mature-sounding debut from a young Manchester band. If New Order were starting out today, they might sound like these people. The perfect music for hip hair salons and the lobbies of boutique hotels.



#### Free Energy, Free Energy

Disappointed by the latest offerings from Weezer or the prolonged absence of the Strokes? Then try the debut record from this Philadelphia band. Bang Pop is a terrific sinale.



#### These New Puritans, Hidden

If you read British music magazines, you have noticed this CD at the top of several year-end lists. I was hooked from the moment I heard the song We Want War. If Braveheart were around today, he'd have his army march-



#### Tobacco, Maniac Meat

When I played this album for a friend, he came close to stroking out because of its sheer bizarreness. If you make it out alive, try Tobacco's full-time band, Black Moth Super Rainbow.



#### Gil Scott-Heron, I'm New Here

Without the influence of G S-H's work in the 70s, rap and hip-hop would have evolved very differently. This album is his first in 15 years (dude's been in jail, so he was, er, otherwise occupied) and showed that he hadn't lost any of his vitality.

### Rappers' free mix tapes hotter than real albums?

When looking back at 15plus years of making records, Canadian rapper Buck 65 doesn't have a time picking hard favourites.

But looking back on his personal highlights, Buck 65 doesn't immediately think of the early avanthip-hop records that won him widespread critical acclaim. Nor does he point to 2004's Talkin' Honky Blues, which won him a Juno Award.

"There's no pressure when making a mixtape...it's just a lot more freedom to just be you and do what you wanna do."

RAPPER KARDINAL OFFISHALL

Instead. the rapper (whose real name is Rich Terfry) looks to his threepart Dirtbike mixtape se-



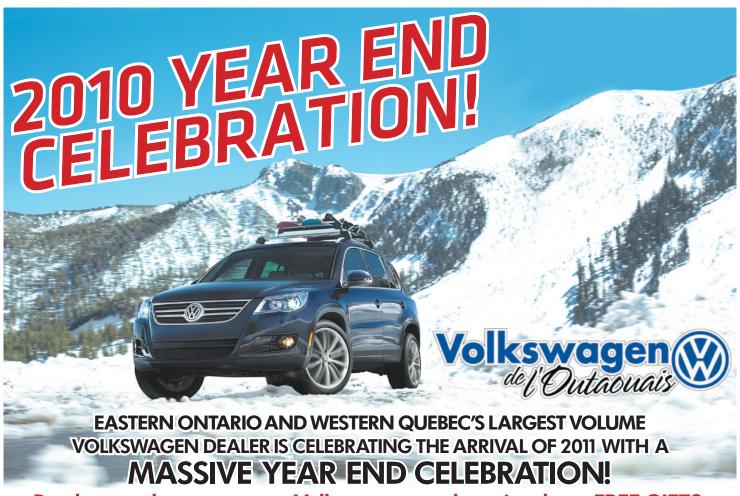
ries, modestly put together at home and released for free.

Though the 2008 recordings lacked the fivefigure budget of a proper label release and included mistakes (Terfry admits he accidentally taped some vocals with the microphone facing the wrong way), those mixtapes stand among the performer's personal career highlights.

In hip hop, it sometimes seems rappers release mixtapes with the casual ease of a baseball flamethrower tossing out warmup pitches.

Mixtapes — typically assembled hastily and re-leased for free — have become pretty much a necessity for rappers looking to create buzz, whether they're being passed out on a street corner by fledgling MCs or being dropped digitally by multi-platsuperstars.

THE CANADIAN PRESS



Purchase or lease any new Volkswagen and receive these FREE GIFTS:



### **PLUS**

A \$500 PRE-PAID VISA CARD

### **PLUS**

A \$500 CREDIT TOWARDS OUR COMPLETE VEHICLE PROTECTION PACKAGE

PLUS ONE YEAR SUBSCRIPTION TO SIRIUS SATELLITE RADIO (ON MODELS EQUIPPED WITH SIRIUS)

OR

A COMPLETE SET OF VOLKSWAGEN ALL SEASON MATS MONSTER MATS

This offer applies to all new Volkswagens in stock at time of purchase or lease. No exceptions.

Offer ends December 31st, 2010 at noon.

### Volkswagen de l'Outaouais

850 St-Joseph blvd., Gatineau (Hull sector)

819-770-0220 www.vwo.ca

# Mad Men heads top five

Mad Men (AMC) This series' fourth season

resumed in November

1964 with magnetic ad man Don Draper (series star Jon Hamm) divorced and struggling at his startup agency.

THE ASSOCIATED PRESS

Spartacus: Blood and Sand (Starz)

With all the bloody violence

you felt the urge to take a shower. With all the hardbodies and hankypanky, you wanted to take a cold shower. An orgiastic blend of hyper-realism and epic fantasy.



#### Treme (HBO)

Set in the months after Hurricane Katrina, this drama is a sometimes joyful, sometimes painful homage to New Orleans. There is plenty of evident rage over the preventable disaster that resulted from Katrina.

But there's also music, soul and cultural zest propelling this saga of a city determined to get back on



#### 30 Rock (NBC)

By now, its fifth season, this wildly celebrated comedy should either be feeling its age or larded with self-satisfaction.

Instead, it's as zanv. fresh and inspired as ever. Its send-up of big business, with a conglomerate called Kabletown devouring GE Sheinhardt NBC Universal, has represented 30 Rock at its wackiest.



∦niclaire,%

200 Bank Street, Ottawa, ON, K2P1W8 (613) 232-8808 niclaire@niclaire.com



NINE WEST







Healing Retreats \* Asian Spa Rituals \* Couple's Getaway's \* Gourmet Spa Experiences \* Skincare Excellence \* Massage and Body Care

BAB()R

Relaxing Getaway's for the Holiday Season Download your Gift Card at www.holtzspa.com or call 613.241.7770

45 Rideau at Sussex Ottawa ON 613. 241. 7770

www.holtzspa.com info@holtzspa.com

#### A couple more

Those shows that just missed out on a place in the top five.

Super Bowl Ad with Dave, Jay and Oprah (CBS) Produced on the sly and aired iust once, during last February's Super Bowl telecast.

2. Luther (BBC America) Idris Elba (The Wire) stars as the charismatic, tormented Luther.

#### Walking Dead (AMC)

A tattered band of survivors faced a zombie invasion in Atlanta (and who knows how far beyond) in a drama that proved macabre, . suspenseful, poignant and horribly funny.
Its all-too-fleeting six-

episode first season left the audience as ravenous as zombies.



King, Queen \$199+. Double, Single \$99+. Brand name quality products from the manufacturers, King Koil Kingsdown, Sealy, Dreamstar, Orthopedic, Serta, Simmons. NEW, factory demos, small flaws, showroom samples, end of line and discontinued models.

**ALL IN NEW CONDITION!!** 

#### GET A FREE BOXSPRING

**SAVE UP TO 75%** 

SAME DAY DELIVERY

980 Wellington St. West, Ottawa

613.894.5762



Plus up to

50% off

select books, toys, gifts, calendars and more.\*\*



### A price you'll FLIP for!

Flip UltraHD™ Camcorder, Reg \$159.99

Limited time offer, while quantities last.<sup>†</sup>

For store hours visit chapters.indigo.ca

Chapters

**Indigo** 

COLES

Prices and selection may vary between stores. Offers are not valid online or on kiosk orders. We reserve the right to change or end these offers at any time without notice.

Offer valid in-store from December 26, 2010 to January 2, 2011 on regular priced, in-stock hardcovers, at any Chapters, Indigo, Coles, Smithbooks, Indigospirit, The Book Company or World's Biggest Bookstore location, while quantities last. Offer excludes mini-books and cannot be used to adjust amount paid on previous purchases. Not valid in conjunction with any other offer or promotion, including everyday irewards discount.

\*\*Up to 50% off promotion is valid in-store on select, in-stock merchandise for a limited time only, while quantities last. Not valid in conjunction with any other offer or promotion, excluding everyday irewards discount. Applicable irewards discount is applied on the reduced price. Cannot be used to adjust amount paid on previous purchases. Additional restrictions may apply. See store for details.



BUY ANY 2010/2011 CHRYSLER, JEEP®, DODGE OR RAM FROM DECEMBER 27-31 AND YOU COULD

# WIN'YOUR PURCHASE!

#### 2010 DODGE GRAND CARAVAN CANADA VALUE PACKAGE

**CANADA'S BEST SELLING MINIVAN FOR MORE THAN 26 YEARS** 

18,995°

INCLUDES \$8,250 CONSUMER CASH, FREIGHT, AIR TAX, TIRE LEVY AND OMVIC FEE. TAXES EXCLUDED. OTHER RETAILER CHARGES MAY APPLY.

2010 Dodge Grand Caravan SXT shown.<sup>5</sup>



WITH THE OPTION TO RETUR

**STEP UP** FOR ONLY

MORE BI-WEEKLY
with Customer Choice Financin
(Includes \$500° First Free Payment Offer)

#### 2010 DODGE GRAND CARAVAN SE STOW 'N GO°

- Second Row fold-in-floor captain's seats
- Third Row Stow 'n Go with tailgate seats

### 2010 DODGE JOURNEY SE CANADA VALUE PACKAGE CANADA'S #1 SELLING CROSSOVER^

19,995°

2010 Dodge Journey R/T AWD shown.5

INCLUDES \$1,250 CONSUMER CASH; FREIGHT, AIR TAX, TIRE LEVY AND OMVIC FEE. TAXES EXCLUDED. OTHER RETAILER CHARGES MAY APPLY: PLUS GET PURCHASE FINANCING for 36 months

STEP UP TO THE 2010 DODGE JOURNEY SXT

#### **2010 DODGE JOURNEY SXT**

- Trip computer with temperature and compass
- Leather-wrapped steering wheel with audio controls
- 16" Aluminum wheels

3.5L HIGH OUTPUT V6 24V MPI ENGINE CUSTOMER
CHOICE FINANCING

\$138 @ 2.99% TOR 60 MONTHS
NOT THE OPTION TO RETURN

(Includes \$500\* First Free Payment Offer

VISIT YOUR NEIGHBOURHOOD CHRYSLER, JEEP, DODGE, RAM RETAILER.

ChryslerCanada.ca/Offers



### 5 CHANCES TO WIN' BOXING WEEK ONLY - DEC. 27 TO 31

#### THE NEW 2011 RAM 1500 QUAD CAB SXT 4X4

CANADA'S FASTEST GROWING CHOICE OF LIGHT DUTY PICKUP®

25,995

INCLUDES \$8,250 CONSUMER CASH; \$500° FIRST FREE PAYMENT OFFER, FREIGHT, AIR TAX, TIRE LEVY AND OMVIC FEE. TAXES EXCLUDED. OTHER **RETAILER CHARGES MAY APPLY:** 

2011 Ram 1500 Quad Cab Sport shown.



#### **STEP UP** FOR ONLY MORE BI-WEEKLY

#### THE NEW 2011 RAM 1500 QUAD CAB SLT 4X4

- Remote Keyless Entry 17" Aluminum wheels
- SIRIUS® Satellite Radio (includes one year of service)
- Temperature and compass gauges
   Premium interior door trim Overhead console
- · Power sliding rear window

**NO CHARGE HEMI® ENGINE** 

#### **ALL NEW 2011 JEEP GRAND CHEROKEE LAREDO**

**UNSURPASSED 4X4 FUEL ECONOMY** 

- New 3.6L Pentastar™ VVT V6 delivering 32 MPG Highway & 290 hp
- New Premium Interior & 4-Wheel Independent Suspension
- Passive Entry Keyless Enter-n-Go
- Quadra-Trac I° 4-Wheel Drive System
- More than 45 Safety & Security Features
- · Leather-wrapped steering wheel with audio controls
- . Mid-size Utility of the Year according to Auto123.com

2011 Jeep Grand Cherokee Laredo shown.



CHOICE FINANCING

WITH THE OPTION TO RETURN AFTER 60 MONTHS

#### **2010 JEEP PATRIOT 4X2 NORTH EDITION**

CASH DISCOUNTS\* OF

2010 Jeep Patriot Limited shown

**PLUS GET** 

**PURCHASE FINANCING** for 36 months

CUSTOMER OR CHOOSE

+Your local retailer may charge additional fees for administration/pre-delivery that can range from \$0 to \$1,098 and anti-theft/safety products that can range from \$0 to \$1,298. Charges may vary by retailer.

WE'LL MAKE YOUR FIRST PAYMENT UP TO \$500°







◆ etalk's gossip expert Lainey counts down the stories that had celebrity-watchers buzzing this year ◆ To stay updated on all the drama 2011 will bring, watch etalk on CTV, or catch Lainey online at laineygossip.com

TEXT LAINEY LUI

# Sandra's marriage ends in scandal



Two weeks after winning the Best Actress Oscar, Sandra Bullock found out via supermarket tabloid that her husband was cheating on her with a woman who tattooed her own face.

Jesse James's mistress count would soon rival Tiger Woods's. Bullock refused to throw herself a public pity party, initiated divorce proceedings immediately, and then revealed to the world that she'd managed to conceal an adoption.

She introduced baby Louis on her own terms on the cover of People Magazine, proving that celebrities can maintain privacy ... if they actually want to.

#### Gibson's public blowup

This was the year that Mel Gibson went from Braveheart to Breathe-Hard.

The world became intimately familiar with Gibson's raging rants and heavy exhales after cell phone conversations between him and his exlover Oksana Grigorieva were leaked online as the two battled over abuse allegations and custody of their daughter.



# Swift's musical

heartbreak

Taylor Swift's Speak Now was the highest selling album of the year. But who knew that country music's angel had such an undercover love life?

Her song Dear John is widely believed to be about John Mayer, with whom she was secretly involved for six months until, in typical Mayer fashion, he broke her heart. She poured it out in song, describing an immature narcissistic who played with her emotions.

By the end of the year, though, Swift was passing love notes to Jake Gyllenhaal.

#### **HIRING**

At **Voortman Cookies**, we are the industry leader in No Sugar Added and Healthier Choice Cookies. We are currently recruiting for an energetic and independent route sales representative to fill a position in **Ottawa West** which includes Barrhaven / Kanata, Amprior / Renfrew and Pembroke.

This is an exciting opportunity for the person who likes the independence of working on their own and earning substantial income, while providing our customers with quality products and service.

Direct Store Delivery experience is preferred. Full training will be provided.

Requirements:

Candidates must be: Able to work independently - Highly motivated - Energetic - Dependable - Driven - Organized

Candidates must: Have a good credit rating · Have a clean driving record · Have excellent communication skills Route delivery/grocery experience is a plus · Provide own delivery vehicle

Please submit resume to mycareer@voortman.com





1-866-950-4946

# William and Kate's wedding plans

People lose their minds over ordinary weddings. When it comes to a Royal Wedding, things get straight up out of control.

Ending months of speculation, Prince William finally announced in November that he will marry commoner Kate Middleton. The real drama will be whether or not Camilla Parker-Bowles, her future stepmother-in-law,



will have to curtsy to William's new bride. Kate will rank higher than Camilla when she marries.

# Lohan in and out of courts, rehab

Lindsay Lohan opened 2010 by announcing she'd be playing porn star Linda Lovelace in a new biopic.

Then she lost her passport while partying at the Cannes film festival right before a probation hearing. The judge wasn't impressed, and Lohan made it worse when she finally showed up for court with "F— You" written on her middle fingernail.

That resulted in a two-



week stint in jail, followed by two trips to rehab, where she reportedly had an altercation with a rehab staffer





















# Embrace healthy living

#### This year, why not resolve to include more super foods to your everyday diet?



#### 1 BLACK RICE

Once consumed only by Chinese nobility, "forbidden" black rice is being hailed as the latest super

grain.
"It can help protect against cancer and heart disease and is rich in anthocyanin antioxidants. One spoonful of black rice bran contains more health promoting anthocyanin antioxidants than are found in a spoonful of blueberries." explains Zhimin Xu, associate professor in the Department Food Science Louisiana State University.

2 CHERRIES

Cherries contain melatonin, the same chemical the brain makes to get us

to feel sleepy at night.
"We usually m "We usually make enough of this naturally but cherries can help those suffering from jet lag or irregular sleeping patterns," explains nutritionist Michele Kingston.

#### 3 COFFEE BERRIES

Comprised of the entire coffee fruit as opposed to just the bean, "coffee beans have a stellar antioxidant content," explains Jody Villeco, Whole Foods market nutritionist.

#### 4 COCONUT WATER

The super drink of the year, coconut water is the purest liquid after water.

"People assume it's fatty but it's sourced from the young green coconuts and contains no fat at all...and one glass is 60 calories,' explains Dana James, New York nutritionist and founder of Food Coach

#### **5 RAW CHOCOLATE**

"Raw chocolate is a minimally processed and antioxidant enhanced form of chocolate," says Villeco. Remarkably rich in magnesium, it is important for cardiovascular health.

#### 6 BARLEY

Villeco explains how barley's soluble fibre has huge benefits such as keeping blood sugar levels anced, promoting satiety

high in beta glucan, which helps eliminate cholesterol from our bodies, and niacin (vitamin B3) which helps reduce it," explains

and benefiting digestive and heart health. "Barley is

Kingston.

#### 7 CHESTNUTS

Far lower in calories than other nuts and a vitamin powerhouse (B6 and C), chestnuts make the perfect winter snack.

"They are full of fibre and a great source of magnesium and iron," explains raw food expert Christina Agnew.

#### 8 APRICOTS

"Apricots are rich in antioxidant beta-carotene that promotes healthy eyes and skin, boosts the immune system and the elimination of free radi-

cals," says Agnew.
"Look for sulphite-free varieties and remember that although natural, dried fruit is a concentrated source of sugar," explains Villeco.

### 9 WHITE BUTTON MUSHROOMS

White button mushrooms contain high levels of potassium that helps lower elevated blood pressure as well as selenium, which works with vitamin E to protect the body's cells. They are super low in calories and are very hydrating as they are nearly all water (80 to 90 per cent).

"They also deliver ergosterol, a form of vitamin D," says Villeco.

### How to keep yourself nice and warm this winter

old is a stress on the body, so it's



ist Michele Kingston.

Layer up: Pile up the layers when getting dressed and always wear an extra laver than you normally would. Heat gets trapped between each

layer and you will be warmer than if you were wearing one thick one.

Hot bottles: Go to bed with a hot water bottle it may be totally old

Avoid quick fix heat: Steam rooms and saunas may not be such a great idea, because the body gets so hot that the cooling mechanisms are activated and you may end up feeling colder.

**Drink and eat up:** Add warming herbs, such as ginger, cinnamon. cloves and nutmea, to your food and drink.



#### Stay warm



#### Warm feet

Stay warm and well footed with these unisex socks by thermal wear experts Damart. Worn over tights or tucked in boots they will ensure your toes don't freeze when playing in the snow or that your feet stay warm when you're curled up on your couch this Christmas. O ROMINA McGUINNESS

#### DAMART

\$21 damart.com



A healthier, satisfying party food: Recipe for curried tropical nut mix

# New Year's traditions

#### • From fire ceremonies to gongs, each country has its own unique way of ringing in the New Year



On New Year's Eve in Canada, most of us watch the ball drop on a television set while sipping champagne, warm and cozy inside our homes. In other countries. there are different traditions that honour the ingood luck charms to fire-

#### First footing

Part of the Hogmanay tradition in Scotland, neighbours would visit each other after the clocks tolled midniaht.

The first person to cross the threshold would brings gifts — a coin, bread, salt, coal, or a drink — to bring good luck to the home.

works to elves, here are a few countries with fascinating celebrations.

#### Scotland

The Scottish New Year celebration has become a huge festival named Hogmanay. Many cities take part in the festival, but Edinburgh and Glasgow boast the largest. There are music performances, fire ceremonies such as torchlight processions, and street parties. The celebrations can last up until January 2.

#### Brazil

The largest New Year's Eve celebration in Brazil is on Rio de Janeiro's Copacabana beach. Attendees of the beach parties wear white for good luck and to honour the goddess of the water, Iemanjá. The beach boasts numerous concert



stages, lots of dancing and large fireworks displays at midnight.

#### Iceland

A popular tradition on New Year's Eve is to participate in community bonfires. They usually take place in the evening, after family

dinners. At midnight, families have their own sets of fireworks and firecrackers. In Iceland, traditions can extend until January 6, with a celebration for elves

#### Japan

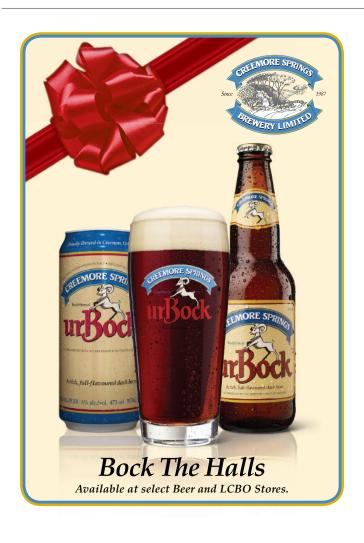
Known as Oshogatsu, the

holiday is one of the most important for the country. It is a time for families and getting rid of the year's bad luck, making way for new, more prosperous luck. On Dec 31, Buddhist temples ring gongs 108 times to expel 108 different types of human weakness.

#### Spain

One popular Spanish tradiduring the celebrations is for a person to eat 12 grapes, one for each stroke the clock makes at midnight.

If you can eat them all successfully, you will have good luck.





### The Tooth Doctor<sub>®</sub> David J. Halpin, D.D.S.

#### Caring For Your Teeth & Gums During The Holidays!

During the Christmas & New Year holiday festivities some people may over indulge in sweet treats and sugary drinks. In fact, the holiday season is a time when many people consume more sugar, more frequently, than at any other time of the year, creating the potential for serious dental problems unless proper dental hygiene is maintained.

The sustained sugar dosage during the holiday season means that our teeth may be under constant attack because our saliva doesn't get the opportunity to do its job properly. Alcoholic beverages, carbonated drinks, even diet and fruit juices are very acidic and can contribute to the erosion of tooth enamel. After ingesting sugary foods or beverages, it normally takes about an hour for saliva to restore the mouth to its natural Ph levels. You can help to speed up this process by chewing sugar-free gum.

The principal cause of tooth decay and periodontal disease is bacterial plaque, the sticky, colourless film that constantly forms on our teeth after eating and/or drinking. By periodically removing this bacterial plaque through brushing and flossing you can help your teeth survive the holiday festivities intact.

Here are a few suggestions to consider: If you're partying away from home, keep a spare toothbrush and a small (travel-size) tube of fluoride toothpaste with you. and try to brush your teeth about an hour after eating or

drinking when your mouth's Ph level has likely returned to a normal level, in order to avoid tooth erosion. If you don't have a toothbrush available, rinsing your mouth vigorously with water for about 30 seconds can help. Also, using an alcohol-free mouthwash to freshen-up is a better option to help avoid erosion of the tooth enamel.

Try sticking to "safe" snacks and nibbles such as bread sticks, crackers, cheese and dried fruits as much as possible, and avoid sweet or sticky snacks when socializing.

Finally, always brush and floss your teeth properly before going to bed because bacteria can inflict their severest damage to your teeth when you least expect it, while you're sleeping because your mouth stops producing saliva after you've fallen asleep.

Remember, good oral hygiene doesn't just protect your dental health. It also saves you money! By preventing dental problems, you can help to keep your dental costs to a minimum. Fact is, twice daily brushing and flossing only takes about ten minutes a day (less time than shaving or applying make-up) and should be an essential part of your daily personal care routine

We at Smiles On Sparks wish you a very Merry Christmas, Happy Hanukkah, and a Happy New Year. Keep smiling!

Yours for better dental health.



Dr. David J. Halpin B.Sc., D.D.S.

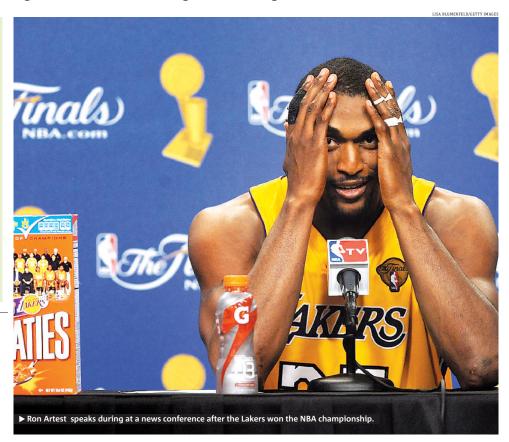
CREATING CONFIDENCE... ONE SMILE AT A TIME!

134 SPARKS STREET • OTTAWA, ON • K1P 5B6 TEL: 613.563.2396 • FAX: 613.563.9503 www.smilesonsparks.com

# One strange year

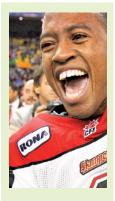
• Metro's John Chick looks at some of this year's odder stories from around the world of sport From baffling fashion choices to dangerous dealings with furniture, 2010 had it all

It's impossible to summarize Ron Artest's career body of work in one paragraph. To simplify, this is a guy who as a rookie with the Bulls in 1999, (salary then \$1.1 million US) applied for a part-time job at Circuit City to get an employee discount on electronics. This year however, he'll be remembered for thanking his psychiatrist on live television after helping the Lakers capture the NBA title (To be fair, Artest seems genuine about shining attention on mental illness - he was set to raffle off his championship ring on Christmas Day for funds for that purpose).





Sean Pierson is an MMA fighter who also had dreams of becoming a Toronto police officer. Unfortunately just this month, his other dream of competing in a UFC event (called in after another fighter's injury) helped dash his goal of being in law enforcement. Turns out Pierson used to compete under the moniker "Pimp Daddy," which didn't sit well with the Toronto Police. Pierson had a conditional offer of employment with the force, which was rescinded after his appearance at UFC 124 in Montreal brought back Internet memories of Pierson's old handle. A police spokesman, clearly referring to the unlawful nature of the nickname, said it was "not appropriate for a police



One of the things that's refreshing about the CFL is that the league's top players don't make mind-boggling money. Sure, the good quarterbacks like Henry Burris are paid well, but instead of private par ties with professional models, you'd be more likely to spot a CFL player like Burris at a house party down the street clowning around like a college kid, wearing a bra, exactly like he was photographed doing this year.



#### Soccer Allegations that there are

some shady secrets inside soccer's global governing body are nothing new. However on the eve of host selections for the 2018 and 2022 World Cups respectively, Andrew Jennings of the venerable BBC newsmagazine Panorama alleged that three senior FIFA officials took bribes in the 1990s. Disappointed by the timing, the chief of England's bid for the 2018 event called the BBC "unpatriotic." Three days later, FIFA awarded Russia the 2018 World Cup.



When a pro athlete marries a TV star, you would generally expect a decadent, six-or-seven-figure event with a clothing budget rivaling the price of real estate. This how ever was not the case in Sweden this summer when Detroit Red Wings forward Henrik Zetterberg married Swedish TV personality Emma Andersson



For 13 Major League seasons, Russell Branyan has been known for his inability to do anything other than strike out, homer or walk. But thanks to 2010, he'll also be known for being injured by furniture. In July, the Seattle Mariners utilityman woke up in a hotel room - and while on the way to open the curtains, banged into a coffee table, which elevated and landed on his toe. He missed three games. Then in September, while eating with his family at a pizza joint, he allegedly slid off a plastic chair, landing hard on his tailbone Branvan didn't play again all season, and is now a free agent.



#### Quoted



"George was The Boss, make no mistake. He built the Yankees into champions, and that's something nobody can ever deny."

YOGI BERRA. ON GEORGE STEINBRENNER, WHO DIED THIS YEAR AT AGE 80.

#### "In my opinion, if he's not as important as Dr. Naismith, he's right next to him."

CONNECTICUT COACH JIM CALHOUN, ON FORMER UCLA **BASKETBALL COACH JOHN** WOODEN, WHO DIED AT AGE 99. IUST A COUPLE MONTHS SHORT OF A CENTURY.



#### Crossword

12

15

18

23 24 25

30

33

38 39 40

45

48

- 1 Unfriendly 4 Gospels' follower 8 Mr. Pitt
- 12 Discoverer's cry
- 13 Coin aperture
- 14 Hindu princess
- 15 Dress
- 16 Long story 17 Aware of
- 18 Popular Christmas
- carol 21 Nog ingredient
- 22 Blend
- 23 Meat-and-dairy shunner
- 26 Foundation
- 27 Nevertheless, briefly
- 30 Bloodhound's clue
- 31 Christmas tree,
- mavbe
- 32 Knitter's need
- 33 Court
- 34 Carpet 35 Christmas entree
- 36 Round Table ad-
- 37 Has permission
- 38 Popular Christmas carol
- 45 Declare
- 46 Gridlock sound
- 47 Listener 48 Early software ver-
- sion
- 49 Otherwise
- 50 Ostrich's cousin
- 51 Wield scissors
- 52 Peruse
- 53 Hammarskjöld of U.N. fame
- Down
- 1 Small bit 2 Food

- 3 Meditation method
- 4 Appoint 5 Trolley noise
- 6 Frat party garb 7 Speak haltingly
- 8 Big names in zoos
- 9 Pealed 10 Initial stake
- 11 New Look designer
- 19 Calendar quota 20 Succor
- 23 Promise
- 24 Tokyo, once 25 Stickum
- 26 Humonaous 27 Lao-tzu's principle

28 Storefront sign abbr.

46

49

52

29 Indivisible 31 Promote

16

34

19

36

- 32 Vacillate
- 34 Carnival city 35 Stared stupidly
- 36 Knapsack part 37 High-IQ group
- 38 Pokes 39 Microwave, e.g. 40 Abominable Snow-
- man
- 41 Pit 42 Oboe insert
- 43 Dalai -
- 44 Pharmaceutical

#### ➤ Yesterday's answer

14

17

28

42 43

47

50

53

20

35

22

37

26

41

1	Н	Ε	М		D	0	R		Т	Е	S	Т	S
	Α	D	0		0	R	Α		Α	Т	R	1	Α
	٧	1	Ν		W	1	Ν	D	С	Н	1	L	L
	0	Т	Т		Ν	Ε	G	R	0				
	С	Н	Е	Z		N	Ε	0		Т	Α	F	T
				0	Α	Т		Р	Н	0	В	1	Α
	U	Ρ	Е	Ν	D				Α	Р	Α	R	T
	М	-	Κ	Α	D	0		S	Р	Α			
	Ρ	Е	Е	L		U	Т	E		Ζ	Α	Ν	Υ
					S	С	R	Α	Р		С	0	Е
	W	Τ	Ν	D	С	Н	1	М	Ε		М	1	Ν
	Α	R	Ε	Ν	Α		В	Е	G		Е	S	Т
	S	Ε	D	Α	Ν		Ε	D	s		S	Е	Α

#### Sudoku

			8	1			3
9	4		5		2		
	8		7				
					6		8
1	6					9	5
4		7					
				7		6	
		3		4		5	9
5			9	2			

#### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

2	4	5	8	9	3	1	7	6
9	7	1	6	4	5	8	2	3
6	3	8	1	7	2	9	5	4
5	8	2	3	6	1	4	9	7
3	9	7	2	5	4	6	8	1
4	1	6	7	8	9	2	3	5
7	6	9	5	1	8	3	4	2
1	2	4	9	3	7	5	6	8
8	5	3	4	2	6	7	1	9

Metro Life Panel is an online research panel where your opinions count!

When you participate, your voice joins thousands of others in 10 countries

Sign up at **metrolifepanel.ca** and join the global conversation!

# Send a

Show some love! Send a note to somebody special at kiss@metronews.ca

My Sher-bear! I love ya with all my heart! U take good care of me all the time! Thank u! I lub ya! A.ACE

Still thinkng of you Devin TOOTHFAIRY

E. I'm sorry for being a jerk I just want to know that you feel the same way about me as I feel about you. And I'm serious about your Escalade, I love you that much. xxxxxxooooooo J.B.

Jay, Not even 2 months, since our 8 hour conversation and im completely in awe by the power behind us. The inpiration, passion and dreams are endless with you by my side. Its fantastic, with a K.

Tara! Have an amazing time in Mexico!!! You are my favorite person on the globe. I love you. From your TWEETY-WALKA:)

For today's crossword answers and for expanded horoscopes, go to metronews.ca

#### T Aries March 21-April 20

Monday will give a boost to your ambitions, most likely by bringing someone in authority over to your side so you are more likely to be triumphant in power struggles with rivals.

Today's horoscope

¥ Taurus April 21-May 21 Stop worrying what other people might be saying about you and have the confidence to do what you feel is right. It may seem as if the whole world is against you this week but selfbelief will see you through.

II Gemini May 22-June 21 You need to be canny about

money matters. Beware that people you do business with cannot be trusted. Check every last fact and figure for yourself. Take nothing on trust.

Gancer June 22-July 22 You have to accept that others have the upper hand at the moment. However, if you play your own hand wisely you can still get what you need.

**Ω Leo** July 23-Aug.23 Holidays may be fun but there are serious issues that need to be dealt with. Throw yourself into your work this week and make sure you have total mastery of all the little details.

**W Virgo Aug. 24- Sept. 22** Cosmic activity in the most productive area of your chart gives you the drive and the determination you need to do something out of the ordinary. Don't follow other people follow your dream wherever it leads you.

 ← Libra Sept. 23-Oct. 23 Unless you are openly invited to give your opinion about what is going on in the private life of a friend or relative you must keep your mouth shut.

> M Scorpio Oct. 24-Nov. 22 Good news will be coming your way over the next few days. If it's to do with your finances you must resist the urge to go on a celebratory

#### → Sagittarius

Nov. 23-Dec. 21 You will find it easy to make money this week in fact you seem to have the Midas Touch. Sometimes you can be a bit too easygoing when it comes to what you earn but wealth means more to you now than anything else.

#### り Capricorn Dec. 22-Jan. 20

Your self-image will get a major boost. You will realize how much more is possible once you stop feeling sorry for yourself and get serious about your ambitions. You're a Capricorn you were born for success.

Aquarius Jan. 21-Feb. 18 Enjoy what remains of the holiday weekend, then start making plans for the approaching new year. Those plans must be all about you.

H Pisces Feb. 19-March 20 You just can't get out of the party spirit. You want the good times to go on and on. And they will. You've had an excellent year and it's only right and proper that you should want to celebrate. SALLY BROMPTON



You WIN! write it! Write a funny cap

tion for the image to the right and send it to plav@metronews.ca the winning caption will be published in tomorrow's Metro



**NEW Crossword and Suduko** updated daily.





# Boxing Week Specials!

# Canon

All Cameras, Lenses, & Accessories ON SALE, save up to 50% on selected items



Interfit Studio Kit

**\$399**<sup>99\*</sup>

Regular Price \$59999 **SAVE \$200** 



Save up to 20% on selected Lenses

Save up to 50% on selected Tripods

Save up to 50% on selected Inks & Papers





Save up to 50% on selected Nikon Filters, Lenses & Cameras

**Save 25%** on all Hoya Pro1 Digital UV & C-PL Filters







Save up to 50% on selected Bags & Backpacks

# **PENTAX®**

Camera & Lens Sale



Save up to 50% on selected Memory Cards

Save up to 50% on selected Lenses

\*TAXES EXTRA

**Galaxy Camera** galaxycamera.com

525 Bank Street (Bank at Catherine St.) • (613) 234-8831 HOLIDAY HOURS: Mon-Fri 9am-6pm; Closed Jan 1st; Sun 10am-5pm

# This New Year make every night a Tuesday's night!



Celebrate the NEW YEAR

# "TAX FREE"

No HST on EVERYTHING!

DVD's, Toys, Lingerie, Books, Lubricants, Massage oils and MORE!!

December 27th to 31st, 2010



1239 wellington street

2 blocks West of Parkdale
ottawa, ontario
613.761.6060